

# HIGH SCHOOL & MIDDLE SCHOOL MENU

## March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 French Toast Hash Browns Sausage (V) Warm Strawberry Compote
4 Cheddar Bacon Ranch Chicken Sandwich French Fries	5 Chicken Fajita w/ Soft Tortilla (V) Mexican Street Corn Rice Pilaf Salsa & Sour Cream	6 American Chop Suey Green Beans Bread Stick	7 Pizza Party! (V)	8 Pancakes (V) Hash Browns Sausage (V) Vermont Maple Syrup
11 Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans Carrot Coins	12 Crispy Chicken Tenders Smashed Potatoes Corn Gravy & Dinner Roll	13 Saucy Meatballs or Veggie Meatballs (V) and Pasta Roasted Zucchini Bread Sticks	14 Pizza Party! (V)	15 <b>PreK-12 Early Release After Lunch</b> Warm Sausage Egg & Cheese Croissant Warm Apple Crisp
18 Pulled Pork BBQ Sandwich Pimento Cheese Slaw Roasted Sweet Potatoes	19 Steak & Cheese Sub Onions & Peppers Veggie Pasta Salad	20 Chicken Parm or Eggplant Parm with Pasta (V) Garlicky Broccoli	21 Pizza Party! (V)	22 Crispy Coconut Fish Roasted Plantains Yellow Rice & Peas
25 Hamburger, Cheeseburger, Veggie Burger (V) French Fries	26 Clocker Favorite! Buffalo Chicken Dip with (V) Veggie Sticks and Tortilla Chip	27 Chicken Tikka Masala (V) Roasted Cauliflower Brown Rice	28 Pizza Party! (V)	29 <b>No School Good Friday</b>

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.

- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.
- To translate this menu, upload it to deepl.com.

Comments or concerns? Contact the Nutrition Services department at [ashland.k12.ma.us/NutritionServices](https://ashland.k12.ma.us/NutritionServices) or 508-881-0165.